

CLAY ART THERAPY PROGRAM

Duration: 3 months

Participants: 15 children, aged 9–16

Collaboration with “Varem-Marem” Art Studio in Gyumri

Organized and led by SOAR Foundation

Program Overview

The 3-month long Clay Art Therapy program is designed to support the emotional, cognitive and social development of children aged 9 to 16 through creative engagement with clay. Conducted twice a week, the sessions provide a safe, expressive space for self-exploration, communication, creativity and skill-building.

The participants are children from SOAR

Artsakh Family Integration Program, “Child and Family Support Center of Shirak Region” state non-commercial organization (SNCO) and "Children's Home of Gyumri" State non-profit organization (SNPO).

Objectives of the Program are the followings: Foster peer interaction, empathy and group cooperation through collaborative art-making. Provide therapeutic space for emotional grounding and motivate them through creating and presenting their own works.

They attend 2 sessions per week, 1.5 hours each. It’s already a month they started the meetings. Children are more open in expressing emotions through art, even those with initially limited verbal and physical communication.

Initiatives: They will create their own items as well as group initiative as a “talking wall” at the end of the program. All participants will visit well-known artists of the city and present their works in community exhibition. This event will not only celebrate the children’s creative journey but also raise awareness about the role of art in emotional development and inclusion.

